## **Buffy Sainte- Marie**



Honesty: Sainte- Marie was honest about her addiction to drugs but went to rehab and got better.

Respect: Sainte- Marie was respectful because she respected people's cultures and respected people in general

Inclusion: Sainte- Marie was inclusive because she made sure everyone who wanted to come to their concerts came because she didn't want people to feel left out.

Responsibility: Sainte-Marie was responsible because when she was a teacher, she became more and more responsible of her actions.

Caring: Sainte- Marie was caring because the songs she wrote were about people she cared about and stuff that was really close to her heart.

## A bit more about Buffy Sainte-Marie:

- Buffy Sainte-Marie was born February 20<sup>th</sup> 1941
- She graduated university in 1963
- She wrote her first album in 1964
- In 1969, she founded the Philanthropic non-profit Fund
  Nihwan foundation for Native American Education
- In 1973, she signed her music career with MCA!
- Sainte-Marie had a son in 1976
- In 1997, she founded another company called the Cradleboard Teaching Project.
- In 2005, she got a song in the hall of fame!
- In 2006, Buffy won a Juno award!
- In 2009, she won 4 CAMA awards!

## **Essay:**

People talk about heroes, people admire all sorts of traits. But what are the qualities of someone who does well in this world? In my mind, there are a couple main ones: respect, honesty, inclusion, caring and responsibility. To my mind, Buffy Sainte-Marie is a person who portrays all these qualities. Honesty is the first quality that is shown by Buffy Sainte-Marie.

She is honest because she used to have an addiction problem and asked people to help her out with it. That was being honest because it is hard to admit that you had an addiction. To ask for help is even harder! Once she got in rehab, she got better because of her honesty! After, Sainte-Marie got better, she thanked everyone!

Now, let's talk about how respectful Buffy Sainte-Marie is. She is respectful because she respects everyone no matter their race, religion, what they wear and all of the above. If she sees somebody wearing their traditional clothes, she respects them. If she sees someone with a different skin color, she respects it. She respects everyone equally because she thinks everyone should be treated equally and respectfully.

Let's talk about how caring Buffy is. She is caring because she writes music for people to listen to! She also writes songs about things close to her heart. When people request more songs and albums shell try to do it. She also helps other people write songs. She would also help people whenever she could!

Let's talk about inclusion. Sainte-Marie is inclusive because she makes sure everybody that wants to go to her concerts can. If people are left out, shell make sure she does more concerts. She went all over the world so everybody could go to her concerts. She does that because she loves all her fans like all other singers.

The most important quality of this hero though, is responsibility. Buffy Sainte-Marie is responsible because she likes to be independent. She was a teacher, she got a little more responsible for her actions and was more aware of her surroundings. She also started being more responsible in every way!

Buffy Sainte-Marie is, to my mind a true hero. She clearly shows the qualities of respect, honesty, responsibility, inclusion and caring.

She will always be remembered when she passes. Thank you for taking your time to read my essay!

www.allmusic.com/artist/buffy-sainte-marie-mn0000626268/biography

http://www.thecanadianencyclopedia.ca/en/article/buffy-sainte-marie/



